



SPRING/SUMMER ACTIVITY SCHEDULE, 2012

We have an exciting season planned,
and look forward to your participation!
Join us for any activity that interests you...
REGISTRATION AT: survivors@burnfund.org

JANUARY

January 1 – Survivor Bio: Kris Biggs

January 14 – 3rd Annual Volunteer Day for Take Down of Bright Nights from 9:30 a.m. – 3:00 Come work off some of the added holiday pounds and join in rain or shine to help the fire fighters take down Bright Nights. Lunch served in appreciation!

FEBRUARY

February 1 – Survivor Bio: Matthew Bowcott

February 11 – YOGA FROM THE HEART - Join teacher and burn survivor Lyn Lantagne at Creekside Community Centre. Starting at 10:00 a.m. – Noon. Everything provided.

February 21 – Teleclass: 8:00 p.m. Join us for the opportunity to bring the adult burn community together to share stories and tips throughout the Province. Call is free.

MARCH

March 1 – Survivor Bio: Dawn Bowie

March 15 – Peer Support Group @ VGH Burn Unit from 7:00 p.m. to 8:30 p.m. These are valuable and open discussions with other burn survivors. You are welcomed with members of your family.

March 27 – Speaking Coach: Chris Molineux – 6:30 – 8:30 p.m. A great opportunity to work with a speaking coach who will help you with your fears of public speaking and bring humour to your story. RSVP a must!
<http://www.laughlearnlead.com>.

APRIL

April 1 – Survivor Bio: Eric Phillips

April 21 – Rock Climbing Experience – 2:00 p.m. – 4:00 p.m. You have always wanted to try this, and now you can on this indoor wall with an expert who will manage the ropes. All gear provided. RSVP a must for an unforgettable experience!
<http://cliffhangerclimbing.com/vancouver/>

MAY

May 1 – Survivor Bio: Cindy Sherle

May 12 – Chinatown Culinary Tour and Dim Sum Lunch. Book early for this event as we are toured through many food offerings and explained as to how to use them in cooking followed by a special Dim Sum lunch.
http://en.wikipedia.org/wiki/Chinese_cuisine#Staple_foods

May 18 – Preview and Popcorn – Join us for a special movie preview for two passes and an evening out. This will be a first come first serve event. Movie details/location will be provided.

JUNE

June 1 – Survivor Bio: Christie Kiers

June 12 – Peer Support Group Members of the Adult Burn Community will meet outside VGH to get together for coffee and conversation at 6:30 p.m. (order snacks if you like to share or enjoy). Joey's on Broadway.

JULY

July Long Weekend – 3rd Annual Trip to Gambier Island. Choose when you want to go from June 30 – July 6. Stay for the week, or just a few days on this island paradise hosted by Rick and Pat Chang. Reservations are limited, and water taxi costs are provided.
<http://www.gambierisland.org/>

July 15 – Burn Camp Kick-Off Bring your family and your support for the young burn survivors who are heading off to camp. Your experience and sharing will be a real asset to this group, and you and your family can join in all the fun...from pancakes to face painting!

July 22 – 1st Annual Grouse Grind Climb led by Johnny Hansen – Come and try this climb with our leader who will encourage you to the top. Prizes for categories including the youngest/oldest/best time for first time climbers and have some FUN! We will be paying for the ride down! <http://www.grousemountain.com/grousegrind>

AUGUST

August 17 – 2nd Annual Music Fest, Vancouver. If you have never enjoyed this amazing music festival, now is your chance.
<http://www.musicfestvancouver.ca/home/index.php?>

August 26 – 4th Annual Take Me Out to the Ball Game at Nat Bailey. The owner of Nat Bailey and the Vancouver Canadians hosts us, and this is always a special event for everyone! Bring your family and join us this year! Game starts at 1:05 p.m. Always a sell out so reserve early.
http://www.minorleaguebaseball.com/schedule/index/jsp?s_id=t435

For additional information: www.burnfund.org

Any questions regarding Teleclass and Activities –
Call: Ann Coombs, Program Director, The Future Is Mine – 604-733-9014



<http://www.facebook.com> – The Future Is Mine



www.twitter.com/burnfund