



Burn Awareness Week

Sponsored by the BC Professional Fire Fighters' Burn Fund

Know What to Do if You are Burned! - Grade 2 / 3

Cool a Burn!

If you are burned

ACT QUICKLY!

Cool the burn with clear cool water
for 10 to 15 minutes

Even after you remove the heat source, the trapped heat continues to burn for up to 25 minutes. That is why it is important to cool the burn as soon as possible.

Here is a list of places you might find water to cool a burn.
Add the missing vowels to the words.

S _ _ N K

L _ _ K _ _

F _ _ _ C _ _ T

P _ _ _ L

H _ _ S _ _

C R _ _ _ K

R _ _ V _ _ R

B _ _ C K _ _ T

S H _ _ W _ _ R

T _ _ B



If your clothes catch fire - **STOP** where you are, cover your face with your hands (unless your hands are on fire), **DROP** to the ground, and **ROLL** over and over until the fire is out. Call for help or if you are able, call 9-1-1.



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"Preventing Victims and Empowering Survivors!!!"™
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